## Schedule for the contents of a nine months’ NFE-class

<table>
<thead>
<tr>
<th>Subjects</th>
<th>Oct. 08</th>
<th>Nov. 08</th>
<th>Dec. 08</th>
<th>Jan. 09</th>
<th>Feb. 09</th>
<th>Mar. 09</th>
<th>Apr. 09</th>
<th>May 09</th>
<th>Jun. 09</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Writing and Reading</strong></td>
<td>alphabetic letters Nepali</td>
<td>reading + writing simple words</td>
<td>composing words into simple sentences</td>
<td>reading a text / writing a text / composing sentences</td>
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<tr>
<td><strong>Maths</strong></td>
<td>numbers 1 - 10</td>
<td>subtraction + addition between 1-10</td>
<td>2 digit numbers</td>
<td>multiplication and division</td>
<td>calculation between 1-99</td>
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<tr>
<td><strong>English</strong></td>
<td>alphabetic letters English</td>
<td>listening + understanding English words</td>
<td>writing simple English words</td>
<td>composing simple English sentences, listening</td>
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</tbody>
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### Sport

- **General guidelines:**
  - Minimum 3h sport per week
  - The normal sport lesson takes place outdoors, only stay inside when the weather is bad
  - Link the sport target as often as you can with contents of the school lesson
  - The facilitator is rather a motivator for children’s self-learning than an instructor
  - All sport lessons are well prepared and follow an aim
  - The games have to be adapted according to the level and age of the children

- **Principles:**
  - Develop trust and respect among the children and between you and the children
  - Ensure that everybody is part of the game
  - Develop a team spirit within the class

- **What kind of games?**
  - Skills with balls and without balls
  - Group games
  - Small games
  - Relays
  - Social games

- **We want a sport lesson:**
  - without-violence,
  - with fun and laughter,
  - with a good atmosphere,
  - with trust and security.