

Association

 **Play & Train**

## ORIGIN

Physical, leisure and training activities for people with a disability often result in a challenge to achieve and enjoy by them and their families and friends.

The intent is to create an infrastructure that will provide these individuals the right as any society member to have access to learn, experience and practice sports, from a purely leisure or professional perspective, using the experience and resources our group has gained during fourteen years working in the field of disability and sport.

The members of the Play and Train Association come from various fields of sport and disability, resulting in a experienced and dynamic professional team.

## DESCRIPTION OF THE PLAY & TRAIN ASSOCIATION

Play and Train is a non-profit Association that promotes, develops and provides educational opportunities from the recreational to the elite level for people with a disability.

Play and Train provides the opportunity to any person to practice sport and leisure activities regardless of their abilities, age or gender.

## MISSION

To provide and promote sport and recreation programs for people with a disability and their families with superior quality, efficiency and innovation.

## VISION

To contribute to the recognition of Paralympic Sport and the Paralympic Movement purely based on sport and not on the principles of capacity and ability.

## VALUES

- Passion for what we do.
- Responsibility and commitment.
- Professionalism.
- Teamwork, we are all important.
- Innovation, we develop solutions.

## PHILOSOPHY

- Helping to change society's attitude towards people with disabilities.
- To help people with disabilities discover and experiment new ways to enjoy life alone or with their families.
- Contribute to the education of technicians in the world of sports for people with disabilities.
- To promote employment and career opportunities for people with a disability.

## BOARD OF DIRECTORS

The Play & Train Association was founded in 2008.

The current members, who compose the Board of Directors, ensure that it complies with the purposes of the Association founding as well as to oversee the correct destination of the subsidies.

### **Junta Directiva**

#### **Presidente**

Jose M<sup>a</sup> Juncadella Sala

#### **Vice-Presidente**

Gabriel Gorce Yepes

#### **Secretaria**

Sylvia Mestre Alexander

#### **Tesorera**

Mariona Masdemont Morente

#### **Vocales**

Jordi Carbonell Palou

Berta Cordoní Duatis

Jose Javier de Frutos Esteban

Lucia Zumarraga Astorgui

The Play and Train Association also has honorary members (relevant people in the world of sports, in politics and society); and associated partners and young children, whose rights and duties are detailed in the Play and Train statutes.

All partners may be beneficiaries of all activities and initiatives organized by Play & Train.

## TEAM

Two highly committed persons run the Play and Train Team and the programs.

### **Equipo Humano**

#### **Gerente**

Sylvana Mestre Alexander

#### **Directora Adjunta**

Mariona Masdemont

Play and Train also has external collaborators that vary between sports and health-care experts.

The technical team consists of personnel with extensive training and experience, specialized in project management in the area of sports, promotion and implementation of programs of activities and training activities.

**ORGANIZATION OF THE ASSOCIATION**



## LINES OF ACTION.

We offer programs that cover the broad spectrum of disabilities, including spinal cord injuries, amputations, cerebral palsy, traumatic brain injury, spine bifida and visual impairments.

Our programs are about more than athletic skills and recreational experiences...they are about life!

Through the freedom of mobility, we see people build confidence and independence, become inspired to pursue personal goals and aspirations in all areas of their lives.

Our programs also help build social skills that help people of all ages improve their relationships.

The goal of the educational Program is to develop a greater number of professional sport instructors into the world of sport people with a disability.

- **Winter Sports**
  - Alpine Skiing Promotion for children and youth
  - Skiing and Snowboard
  - Coach Courses
  
- **Sumer Sports**
  - Surf 4 All program for children and youth
  - Surf Camps
  - Golf Camps
  - Tennis Camp

## LINES OF ACTION.

- Cultural Programs
  - Paralympic School Day
  - Paralympic Day
  - Conferences
  
- Leisure Activities
  - Snow Activities
  - Activities on the Sea
  - Cycling Activities
  - Gliding Activities
  
- Education Activities
  - Train the Trainer Seminar
  - Seminars on Sport for people with a disability



## AREAS OF SPECIALIZATION

We offer a suite of services developed to improve the quality of life for people with a disability

- Development and Training
- Event Management
- Consulting & Special Projects
- Job Placement

## ADVANTAGES

- Human professional resources with great experience in the sector.
- Development, implementation and follow-up of programs and sports and leisure activities.
- Creation of exchange networks amongst entities, companies and users.
- Development of programs and agreements with other public and private entities.