



Monitoring and Evaluation

The Kalusha Foundation

A non governmental Sports and Development organization based in Zambia, established in 2003 by renowned football player Kalusha Bwalya, we are developing football at community level and utilizing it as a vehicle to conduct HIV/AIDS awareness and to promote healthy lifestyles among youths.

Monitoring and Evaluation

The Kalusha Foundation utilizes both traditional and creative methods of M and E. One of the methods used with the HIV/AIDS education programme within the Girls Football Team is *Poetry*.

Why we use poetry

We stumbled upon it when we asked the girls what activities they liked doing aside playing football. The poems are more engaging than questionnaires and are very revealing; this also helps us with planning of the HIV/AIDS education sessions.

How we do it

The team members go through the HIV/AIDS lessons for a period of four weeks. At the end of which they are assigned the task of constructing a poem based on one or more of the topics covered in the lessons.

On training session the team has a recital instead of football training. Each player presents their poem to the rest of the team.

The team peer educator/coach will watch out for specific elements in the poems that will indicate for instance information retention, interpretation, perception and impact on behavior. Also the poems often direct attention to the issues that perhaps were not covered in the lessons but are important to the girls.

This information is then utilized to stimulate discussions among the girls and also to guide the preparations of the lessons for the next four weeks.

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