Madrasas have a long history in Pakistan and in Muslim societies generally. They serve socially important purposes, work for the charity to orphanage and education. Religious schools (Madrisahs) in Pakistan have drawn considerable international attention. There are concerns that at least some of these institutions foster religious extremism and terrorism. But reliable data about Madrisahs in Pakistan are inadequate, especially concerning levels of enrolment and reasons for choosing Madrisahs. About 20,000 religious schools with 1.6 million students of 5-16 years of age students are providing Islamic education.

The Islamic religious schools are called Madrisahs and the students studying in these schools are called Talibilm in Urdu and Taliban in Persian. Most of the Madrisahs are providing Quran Education, the basics of Islam and some other religious studies. The students who join these schools are from very poor families due to their bad socio economic conditions. Some of the students get admission in the Madrisahs to fulfill the dreams of their parents to get rid of “the day of Judgment” they would be forgiven all the sins and way to enter Heaven by learning Quran by heart for the whole family, as they believe.

Normally they spend three to five years to learn Quran by heart but for the advance studies students will stay there for more than ten years. The students of Madrisahs are not allowed to mix into the society and most of them do not have opportunity to play any sports due to their daily schedule and availability of sporting atmosphere. Teachers of religious schools are not aware of modern health sciences or physical education for the development and growth of active bodies. Children are neglected and not known by the schools administrators their right to play. Some of the schools have facilities of playing grounds and sports. They usually play volleyball, karate and cricket.

Sports and Fitness Association of Pakistan (SFAP) in collaboration of Generation for Peace (GFP) developed a project for the development of children of Madrisahs using sport as tools. We develop health, peace, tolerance, friendship, love and human values and cohesion to integrate them in to the society.

It is strongly recommended that sports should start in Madrisahs for changing the behavior and childhood development of innocent children.