LifeSkills Development Foundation

The Managing Director

Malanga Jeff Mposha

LifeSkills Development Foundation

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Table of Contents

Sections

  List of Acronyms
  1. Project Description
     - Mission
     - Vision
     - Objectives
  2. Profile of Managing Director
  3. Management Structure
  4. Organizational and Program Structure
  5. Activity Plan July – December 2011
  6. Re – launch of the LifeSkills Development
  7. LifeSkills Development Academy
     - Football Academy
     - Life Skills Academy
  8. Youth Football Festival
  9. Consultancy Services
  10. Partnership Opportunities
  11. Find LSDF on the web
## Acronyms

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>LSDF</td>
<td>LifeSkills Development Foundation</td>
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<tr>
<td>LSDA</td>
<td>LifeSkills Development Academy</td>
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<tr>
<td>LSDL</td>
<td>LifeSkills Development League</td>
</tr>
<tr>
<td>YFF</td>
<td>Youth Football Festival</td>
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<tr>
<td>ITS</td>
<td>Innovation through Sport</td>
</tr>
<tr>
<td>NFE</td>
<td>Non Formal Education</td>
</tr>
<tr>
<td>FE</td>
<td>Formal education</td>
</tr>
<tr>
<td>UNHCR</td>
<td>United Nations High Commission for Refugees</td>
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<tr>
<td>UNICEF</td>
<td>United Nations Children’s Education Fund</td>
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_Innovation through Sport_

Mobile: +260974797157; Email: lifeskillsfoundation@ymail.com or malangajeff@webmail.co.za Skype: malanga jeff
1. **Project Description**

LifeSkills Development Foundation (LSDF) is a registered Non-Governmental Organization (NGO) with Registrar of Companies and was established in 2010. With its main operation in Lusaka, Zambia LSDF provides young people with life skills training. LSDF views life skills as Life skills as essentially those abilities that help promote mental well-being and competence in young people as they face the realities of life.

The World Health Organization has defined life skills as, "the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life". Hence our approach is holistic and the basis of our work is on the principle that young people need to be trained in different skills in order for them to realize their full potential. LSDF further utilizes the power of innovative ideas to transform and empower our target group with life skills. Innovation through sport is our theme and it through the process of introducing new and exciting programs; we envision young people lives can be changed.

Through the LifeSkills Development Academy (LSDA) we aim to engage young people in sports, capacity building in both sport and leadership. To achieve all this LSDF has an ongoing mentoring process. We envision that these key elements put together will provide a platform for our young people to excel.

We believe that once a young person learns skills, they will never forget it and it cannot be taken away from them. We endeavor to use both Formal Education (FE) and Non Formal Education (NFE) to empower our target group.
Through the LSDA we aim to empower young people with the following basic skills:

- Raising self-awareness
- Problem Solving Skills
- Communication Skills
- Employability skills
- Leadership skills
- Planning skills
- Living Skills

**Mission Statement**

LifeSkills Development Foundation exists to integrate sports and life skills development through the use of innovative ideas

**Values**

Teamwork, respect, Fairplay, Integrity,

**Objectives**

1. To render support life skills programs to young people through education, empowerment and training.
2. To create sports opportunities to young people from some of poorest communities in Zambia
3. Utilize the power of sport by integrating education and promote the right of children through play
4. To assist young people to apply for social grants to support their daily business activities.
5. To provide mentoring, support, skills for young people to advance.

**Location: Lusaka, Zambia**

**Target group**

The target group is both males and females aged between 8 and 16 years.
2. **Profile of the Malanga Jeff – Founder/Managing Director**

Malanga Jeff Mposha is the founder and Managing Director for LifeSkills Development Foundation. The organization was founded in 2010. As a brief background, he has been involved in the field of development through sport and NGO management since 2003.

During this timeframe he has worked in Zambia, South Africa and Norway, Netherlands and Belgium. His involvement in the following projects and NGO’s has enabled him to gain the skills and competence in NGO management:

- SCORE South Africa [www.score.org.za](http://www.score.org.za)
- German Embassy in Zambia
- Netherlands [www.sportconference.nl](http://www.sportconference.nl)
- Breakthrough Sports Academy
- GTZ/YDF project both in South Africa and Zambia [www.streetfootballworld.org](http://www.streetfootballworld.org)

Over the past 9 years he has held various positions which are listed below:

- Provincial Coordinator – North West; SCORE South Africa
- Executive Director – Breakthrough Sports Academy
- Norwegian Olympic Committee and Confederation of Sport (NIF) sports volunteers
- Zambia Street Football Network – Project Coordinator

He is further a trained facilitator in Event Management, NGO Management, Strategic planning, Monitoring and evaluation, HIV/AIDS, Football coaching.

In 2010, he founded LifeSkills Development Foundation mainly because of the need to find innovative ways to address the plight of young people throughout Zambia.
3. Management Structure

- **Board Members**
- **Managing Director**
  - **Program Operations Manager**
  - **Partnership Manager**
  - **M & E Manager**
  - **Administrative Assistant**
  - **Finance Manager**
  - **Project Coordinator Boys Football**
  - **Project Coordinator Girls Football**
  - **Project Coordinator Life Skills**
    - **Project Assistant**
    - **Project Assistant**
    - **Project Assistant**
4. **Organizational and Program Structure**

- **LifeSkills Development Foundation**
  - M and E
  - Programs
  - Projects
  - Consultancy Services

<table>
<thead>
<tr>
<th>LifeSkills Development Academy</th>
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</thead>
<tbody>
<tr>
<td>- Football Training (Boys/girls)</td>
</tr>
<tr>
<td>- Youth Football Development</td>
</tr>
<tr>
<td>- Football leagues</td>
</tr>
<tr>
<td>- Tournaments</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Youth Football Festival</th>
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<tbody>
<tr>
<td>Life skills Education</td>
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<tr>
<td>- Leadership Development</td>
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<tr>
<td>- Social skills</td>
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<tr>
<td>- HIV/AIDS education</td>
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<tr>
<td>- Career Development</td>
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<tr>
<td>- Community Service</td>
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</tbody>
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*Innovation through Sport*

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<table>
<thead>
<tr>
<th>No</th>
<th>Activity</th>
<th>Date/Time</th>
<th>Objective/aim</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Planning meeting meetings</td>
<td>Every Tuesday at the beginning of the week</td>
<td>Review the past week, address challenges, review plans for the week</td>
</tr>
<tr>
<td>2</td>
<td>YDF Training</td>
<td>End of July</td>
<td></td>
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<tr>
<td>3</td>
<td>Launch of LifeSkills Development Foundation</td>
<td>13/08/11</td>
<td>- Implement the Youth Football Festival Project which will become our flagship annual event</td>
</tr>
<tr>
<td>4</td>
<td>Selection of players and coaches</td>
<td>17/08/11 to 2/08/11</td>
<td>- Recruitment of player who form the LifeSkills Development Academy</td>
</tr>
<tr>
<td>5</td>
<td>LifeSkills Development Academy - Football Training/practice sessions</td>
<td>15:00 – 17:00 hours</td>
<td>- Youth Football Development</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Sport Skills Development</td>
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<td></td>
<td></td>
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<tr>
<td>6</td>
<td>Life skills sessions</td>
<td>Thursday</td>
<td>- Education and Life skills training</td>
</tr>
<tr>
<td>7</td>
<td>Start of the LSD League</td>
<td>17/09/11</td>
<td></td>
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<tr>
<td></td>
<td>World Peace Day Tournament</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>End of the league</td>
<td>5/11/11</td>
<td></td>
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<tr>
<td></td>
<td>World Aids Day Event</td>
<td>1/12/11</td>
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6. **Re-launch of the LifeSkills Development Foundation**

As part of the re-launch of LifeSkills Development Foundation (LSDF), we are planning to organize the one day *Youth Football Festival*. The plan of action is turn the *Youth Football Festival* to become LSDF’s flagship event and will be held annually. LifeSkills Development foundation will use the *Youth Football Festival* as a culmination of all our programs. We envision that the *Youth Football Festival* will be used as a platform where leaders, players and coaches can:

- Build lasting friendships
- Contribute to youth football development
- Network and share ideas on youth sport

The participating teams will be selected from the LifeSkills Development Academy and our partners.

The event is scheduled for the 13th August 2011 and will bring together around

7. **LifeSkills Development Academy (LSDA)**

The LifeSkills Development Academy (LSDA) offers quality sports coaching and club programme management to suit all needs. The LifeSkills Development Academy teams spend a greater amount of time focused on training to improve as individuals and as a team. The teams and players receive direct feedback and evaluations from the coaches and staff.

To round-out the complete training environment, Academy teams are tested in their physical capabilities using tournaments and leagues. They also receive a LifeSkills curriculum training for soccer-specific athletic training and life skills. The LifeSkills Development Academy is made up of two components and these are

- Football Academy
- LifeSkills Academy
The Football Academy

The football part focuses on youth football development and the objects are:

1. Develop a cohesive player pathway
2. Provide a forum where good practice and information can be communicated to people
3. To increase the performance level of the athletes
4. To provide an athlete centred service
5. To provide a wide range of high quality support and resources
6. Support the development of specific working groups that will improve the quality of the sport provision
7. Provide training camps & arrange International Coaches to teach athletes

The LifeSkills Academy

The second part is the Life skills Education whose main objectives include:

1. Work in partnership with key agencies in the development of communities through sport and education
2. Arrange awareness programs for people of all ages about Aids, Health, Education
3. Develop programmes to widen access to sport and physical activity as a means of tackling social isolation and bring a range of social benefits to a community
4. Strategic planning across the education, skills and community sectors for sport and physical activity through an strategic approach to workforce development
5. To provide the basic certified educational, I.T. and language programs for all
8. Youth Football Festival

The Youth Football Festival is a project plan of action is turn the Youth Football Festival to become LSDF’s flagship event and will be held annually. LifeSkills Development foundation will use the Youth Football Festival as a culmination of all our programs.

Sports programmes can help counteract psychosocial problems and environmental and health issues as well as stress and loneliness. They contribute to physical fitness, mental well-being and social integration by providing a safe forum in which a child can develop physically, emotionally and mentally.

In situations where formal education is limited or unavailable, sport can act as a vehicle for learning. This is extremely important for refugee girls, who may be deprived other avenues for growth because of cultural beliefs or time-consuming chores.

Even children with disabilities, when provided the proper facilities, can excel at sports, raising their self-esteem.

We envision that the Youth Football Festival will be used as a platform where leaders, players and coaches can:

- Build lasting friendships
- Contribute to youth football development
- Network and share ideas on youth sport
9. Consultancy services

LifeSkills Development Foundation (LSDF) provides consultancy services for NGO’s and corporates. We aim to give consultancy in different places and cities in Zambia on Project Report, legal, technical and fund raising aspects for Non-Government Organizations (NGO).

While conducting these exercises, we are observing that many NGO’s are weak in legal activities, they are working for last so many year for the betterment of the society without NGO or Trust Registration and other legal formalities. Among the services we provide include:

- NGO Organizational Development
- Monitoring and Evaluation
- Development through Sport
- Event Management
- Project Management
- Curriculum Development

LifeSkills development Foundation has an NGO Consultancy has a team of dedicated experts providing the world class services in NGO consultancy at your door step

10 Partnership Opportunities

LifeSkills Development Foundation recognizes the power and importance of sport, and works with implementing partners and corporate sponsors to ensure sports are integrated into our sports and skills development programmes. The use of sports in development is therefore not new but rather being considered in a new strategic approach by LifeSkills Development Foundation.

Partnerships between NGOs in the North and the South can bring benefits based on their comparative advantages.
A further benefit is that partnerships go beyond time-bound and discrete interventions such as the classic development project.

It is the complex combination of the organizational nature of partnership with its intrinsically relational dimension that lies at the heart of the advantages of partnerships.

LifeSkills Development Foundation will endeavor to explore strategic partnerships both locally and internationally Work on joint Projects

We look forward to working and partnering and working with you.

12. Find LSDF on the web

http://lifeskillsdev.webs.com
http://www.linkedin.com/groups/LifeSkills-Development-Foundation-3967585?trk=myg_ugrp_ovr