



**Skillshare**  
International



## Report « Peace Corps Course »



The happiness of the coaches during a session



Demonstration of condom during HIV / AIDS workshop

The NGO Skillshare International, through its Coaching for Hope project in collaboration with Peace Corps, provided training for football coaches and youth workers from 13<sup>th</sup> to 20<sup>th</sup> July 2009 at the International School of Ouagadougou.

A total of 30 Burkinabé coaches were present at the training, including 5 female coaches, 3 coaches working for NGOs working with disabilities, 18 coaches from rural areas, and 5 people currently coaching for womens football teams. Over the course of eight days the coaches were introduced to how to plan and deliver a football training session, with the emphasis on safety and fun rather than winning, and also introduced to different methods and styles of communication and learning important in youth coaching. On top of that, they received training in how to deliver Coaching For Hope's eight in-depth workshops on sexual health, which all coaches have pledged to deliver at least twice to the football teams they work with. The workshops combine discussion and role plays on sexual health issues (IST-HIV/AIDS) with practical games on the football field which relate to the earlier discussion. This allows the children to learn about the dangers of unsafe sex, whilst having fun, which makes it much easier for the coach to hold their attention.

The Peace Corps had contacted Coaching for Hope with a request to train 20 Burkinabé football coaches from rural areas in how to deliver its unique sexual health awareness workshops, and to train 10 Peace Corps volunteers to support them in rolling out this curriculum. To these 30 football coaches and youth workers chosen by the Peace Corps, Coaching for Hope added 10 more Burkinabés based in Ouagadougou representing diverse organisations such as womens' football teams, a centre for the mentally handicapped, and the federation of disable sportspersons.

This training was delivered by four senior Coaching for Hope coaches, namely:

- David Agaléoué and Hunlede-Anani Kissimbo "Benjamin" for group A (with 20 coaches)
- Roma Traore and Martin Zinona for Group B (with 20 coaches)

All coaches were highly motivated and contributed to the success of this training course.

Zack Morrison, one of the Peace Corps Volunteers involved in the project, said: "the training went very well and we have understood everything; we are happy. We spent a great week and we learned many interesting things".



Mr Douglass Techner directeur du Corps de la paix » BF



Roma on football practice session

Wandaogo Omarou (Wendy) Peace Corps Coach at Guimboari (Piéla) told us: "I will first say thank you. Thank you Coaching for Hope and Peace Corps for the opportunity that they've given me to be here and take part to this training. It is the greatest experience in training in my career. Words fail me to explain. Once I get to my place I will do my planning series to start the activities".

An innovation of this training was the opportunity giving to the coaches to receive an introduction to "Sport and Development" which gave them an overview of the Sport and Development movement and the different applications of sport in the service of peacebuilding and development. As in all formations of CFH, the coaches have planned their own practical football sessions and delivered these in small groups to show what they had learned during the training week. We ended the week with a little football game that pitted Group A against Group B (Group B won 2-1).

All coaches have promised to get involved in the success of this project. To date, we received two sets of workshop planning forms from these coaches and one full series has already been done.

"I would like to make special mention to all women who participated in this training since they were fantastic ... .." Roma



Group discussion about HIV/AIDS

