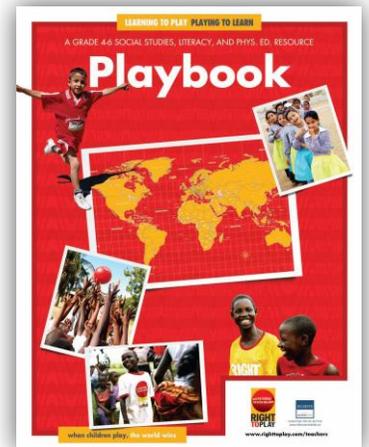


UNDERSTANDING OUR RESOURCES

RIGHT TO PLAY'S APPROACH

At Right To Play, we believe that sport and play are crucial for the healthy holistic development of children and youth. Our innovative methodology is founded on a unique understanding of social learning theory and child development needs. To reach children, we create and deliver sport and play-based activities that are designed to be fun and inclusive while facilitating healthy physical, cognitive and emotional development. Our sport and play-based games and activities are designed by child development experts and in consultation with local stakeholders from the communities we serve.

Our sport and play-based games and activities are housed in resource manuals used by our local coaches and teachers. Depending on the specific needs of the community, local coaches and teachers select the games and activities that are most relevant to participants. For example, in regions where HIV and AIDS are prevalent, Right To Play leaders are trained to deliver games and activities from our *Live Safe Play Safe* resource which have been designed to teach children how to reduce stigma in their communities and protect themselves against the transmission of HIV. In post-conflict settings and refugee camps, leaders are trained to deliver games and activities using our *Team Up!* resource which aims to engage children and youth in peace-building activities that promote non-violence and understanding. To better illustrate the types of resources that we have developed, a short description of some of our most popular resources is provided on page 2.



RIGHT TO PLAY'S METHOD

In all of our resources, we favour an experiential approach to learning. All of our games and activities are designed using the *Reflect-Connect-Apply* methodology, which gives children a chance to reflect on the lesson at hand, to connect their learning to real-life situations, and to apply their knowledge to their everyday experiences. Our resources also aim to promote the inclusion of all children – including those who may be marginalized on account of their gender, religion, ability, ethnicity or socio-economic status.

To ensure that the games and activities contained in our resources are delivered responsibly by coaches and teachers in joyful and safe settings, we facilitate participatory training workshops to build the capacities of local staff and volunteers. These workshops are practical and interactive and they work to ensure that our programs are delivered by positive adult role models in constructive environments.



Right To Play's vision is to create a healthier and safer world through the power of sport and play

RIGHT TO PLAY'S RESOURCES

Right To Play has developed over 20 resources containing sport and play-based games and activities for children and youth, as well as valuable training manuals for coaches and teachers. Some of our most popular resources are described here.

Red Ball Child Play

Focus: Holistic Child Development

Ages: 6-12

Red Ball Child Play (RBCP) promotes intellectual, physical, emotional and social development in children by focusing on the healthy development of the whole child. Games and activities outlined in this resource help to teach children about the value of making healthy choices, enjoying satisfying relationships and contributing positively to their community. The games center around five coloured balls – each of which represents the five areas of development that are needed for healthy growth: **red** for mind, **black** for body, **yellow** for spirit, **blue** for peace, and **green** for health. This resource contains more than 150 games and activities.



Live Safe Play Safe

Focus: HIV and AIDS Education and Prevention

Ages: 6-19

Live Safe Play Safe contributes to the prevention of HIV and AIDS by engaging children and youth in sport and play activities that teach them to adopt and maintain healthy life-style behaviours. **Live Safe Play Safe** games and activities build knowledge around the risks associated with HIV and AIDS, promote the life skills needed to adopt and maintain healthy behaviours (such as resisting peer pressure), and reduce the stigma surrounding HIV and AIDS in order to promote healthy attitudes (such as respect and inclusion).

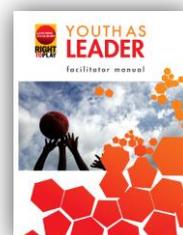


Youth as Leader

Focus: Participatory Leadership

Ages: 13 – 20+

Youth as Leader aims to engage youth in meaningful activities to develop a sense of efficacy, pride and confidence. Sport and play-based games and activities in this resource focus on building leadership skills and positive attitudes. Through the application of this resource, youth receive practical leadership experience in their community. Participants take ownership to develop their own community event or initiative and lead the project through each of its stages – including planning, implementation and evaluation.

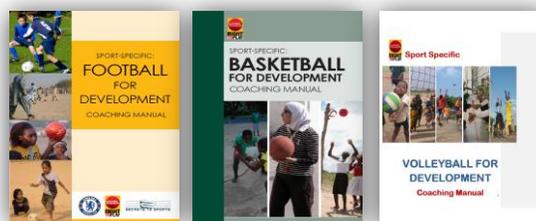


Sport Specific Manuals

Focus: Life Skills and Character Development

Ages: 6-18

Three **Sport Specific Manuals** have been developed to ensure that leaders facilitating traditional sports, such as football (soccer), basketball and volleyball, create a positive environment where participants focus on teamwork and fair play, while building skills, character and confidence.



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